

Green Beans with Rice...

PREP: 5 mins COOK: 30 mins

Serves 4 as a main dish or halve the ingredients for a side dish.

INGREDIENTS:

1 Onion, chopped
2 teaspoons Garlic
1kg Green Beans
2 tablespoons of Tomato Paste
3 cups Water
Salt and Pepper
2 cups Rice

Boil the Rice in a saucepan.

Brown Onion and Garlic in a frying pan with oil. Add Green Beans, Water and Tomato Paste. Simmer for 30 minutes. Add salt and pepper to taste.



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