

Savoury Vege Rolls...

PREP: 15 mins COOKING: 40 mins

INGREDIENTS:

- 1 can Creamed Corn
- 1 Carrot, grated
- 1 Capsicum, finely chopped
- 1 Onion, finely chopped
- 1 cup Zucchini, grated
- 5 tablespoons Seasoned Stuffing Mix or Breadcrumbs
(add some Herbs if you use breadcrumbs)
- 1 tablespoon Soy Sauce
- 3 sheets of Puff Pastry
- Sesame Seeds *(optional)*

Preheat oven to 200°C. Lay the pastry sheets onto lightly greased baking trays.

Combine all the ingredients in a bowl. Spread the mixture on the pastry sheets and roll. Brush rolls with a little milk then sprinkle with sesame seeds (optional).

Bake until slightly brown.



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